

STREET SMART SELF DEFENCE



**BE CONFIDENT
BE RECOGNISED!**

Nationally Recognised 'Self Defence Beginner Leaders Award'

This is an **Accredited award** - by Sports Leaders UK, specialists in leadership. The purpose of the award is to **develop leadership skills through the medium of self-defence**, e.g. developing communication, organisation, motivation skills etc.

Extensive research shows those who undertake Leaders Awards **feel more confident** in all areas of life.

The SSSD Award is a fantastic way for everyone to **learn a crucial Life Skill** whilst **achieving a recognised Qualification!**



Venue:

Wyndham Leisure Centre

Start Date / time:

August 4th / 7.15-8.15pm

Course info:

Cost - £140.00 per person
12 week course
Age range – 10yrs+

Limited Spaces

10 spaces

DON'T HOLD BACK!

Call us today on **07765 402 145**
to enroll for this award or visit

www.streetsmartselfdefence.com

