

# STREET SMART SELF DEFENCE



**BE CONFIDENT  
BE RECOGNISED!**

## Nationally Recognised 'Self Defence Beginner Leaders Award'

This is an **Accredited award** - by Sports Leaders UK, specialists in leadership. The purpose of the award is to **develop leadership skills through the medium of self-defence**, e.g. developing communication, organisation, motivation skills etc.

Extensive research shows those who undertake Leaders Awards **feel more confident** in all areas of life.

The SSSD Award is a fantastic way for everyone to **learn a crucial Life Skill** whilst **achieving a recognised Qualification!**



### Venue:

The Garage, Norwich

### Start Date / time:

Sep 19<sup>th</sup> / 10-11am

### Course info:

Cost - £140.00 per person  
12 week course  
Age range – 10yrs+

### Limited Spaces

10 spaces

**DON'T HOLD BACK!**

Call us today on **07765 402 145**  
to enroll for this award or visit

**[www.streetsmartselfdefence.com](http://www.streetsmartselfdefence.com)**

