



WEST LYNN PRIMARY SCHOOL

4th February 2022

Mental Health and Wellbeing at West Lynn Primary

In our school we have 3 members of staff who are trained Mental Health Champions. The Mental Health Champions can give support, guidance, signpost help and make referrals to support services if needed. If you have any concerns for your child's mental health, please either speak to the Mental Health Champions directly or talk to a member of staff who can then pass this on. Please also look at the mental health tab on our school website for information, links to support services, wellbeing and mindfulness activities. You will find this on www.westlynnprimary.co.uk under the 'About Us' tab.

Our Mental Health Champions are:



Mrs Michelle Adams
Teaching Assistant



Mrs Michelle Grimmer
HLTA



Mrs Emma Radford
Trust Assistant SENCO

Always here to help!

Would you like to help your child with their maths or English but you're not sure how they're taught in school?

Join Norfolk Adult Learning this Half Term for their fun FREE online maths and English activities.

Follow the link for more information:

www.norfolk.gov.uk/familylearning



Full diary on website.

Next Week

Tag Rugby for selected children on Wednesday!

Year 6 are at Duxford on Thursday— Don't forget you have to get to school for **8:40am!**

Friday! Dress To Express – see poster for details!

Congratulations to this week's winners of the
Headteacher's awards:

From Reception Class

Adelyn & Nedas

From Class 1

Neve & Harry

From Class 2

Evie & Ivy

From Class 3

Malachy & Cassie

From Class 4

Sam & Goda

From Class 5

Kaydyn & Oliver

From Class 6

Ethan & Ruby



Club Name	Run By	Day	Who is the club for?	Where?	Booking link
Chess	Mrs. Twaite-Smith	Monday – Lunchtime	Year 5 & 6	Year 5 Classroom	If your child is interested in joining, please ask them to talk to Mrs. Twaite Smith.
Sports	Aaron	Monday – Lunchtime	Key Stage 1 Children	Field or playground	Not applicable
Football	Aaron	Monday	Years 2, 3, 4, 5 & 6	Field or Hall	6 Monday's https://forms.gle/hdayi5s6hfhcq71k7
Cooking	Mrs. Khatri and Mrs. Harris	Tuesday	Year 4 only	Kitchen Area	6 Tuesdays https://forms.gle/ha6HNB1xNXUsMbceA
Homework	Mrs. Rudd	Wednesday	Everyone	Class 3	Any Wednesday 3.15 – 4pm (New finish time) To sign up, please follow the link https://forms.gle/6sn58mpUSxfnk6XL9 Children can “drop in” to this session whenever they need to. They only need to let their teacher know in the morning, or drop the office a line at office@westlynnprimary.co.uk
Lego	Mr. Furzey & Mrs. Adams	Wednesday	Everyone	Hall	Every Wednesday 3.10 – 4.15pm – 6 weeks. https://forms.gle/AePD9KA8ETqvigdLA
Reading Club	Mrs. Cousins	Thursday – Lunchtime	Everyone	Class 2 or library if there is bad weather	Please ask your children to talk to Mrs. Cousins for details of this club.

Cost of club

FREE

£1.50 p.w

£2.50 p.w



We were extremely fortunate to have James Campbell back at West Lynn for a second time. Every year group received their own hour-long workshop where James retold his silly, funny stories aloud (the hall was filled with laughter). He inspired children to become authors/writers and showed them the books he has written. So many children were motivated to begin to write their own stories – I even had some children showing me stories that they had written at lunch time! After school, children also had the opportunity to buy some of his books and get them signed.

Thank you all for a wonderful turn out!



James Campbell
delights West Lynn!

No dresses
or high
heels

DRESS

This day
you can
express your
fashion for place
to be.

Shine your spotlight
on dresses to express you
on the importance of children

Nobody
will judge
you

TO

mental health day
week. The charity
is place to be.

Express your
inner fashion

This helps to insure
children have easy to

Do
anything

EXPRESS

access mental health support
when they need it

Be yourself
and be normal.

You
pay
a

You can dress
in anything

Small fortune to dress in anything
you want.

Designed
by Kaydyn 15

Dress to Express!



Dates to Remember

Date	Who does this apply to	What is the event
7.2.2022	EVERYONE	Parents Evening Link sent out
9.2.2022	Year 3 and Year 4	Tag Rugby at West Norfolk Rugby Club
10.2.2022	Year 6	Trip to Duxford Imperial War Museum
11.2.2022	EVERYONE	MENTAL HEALTH AWARENESS - DRESS TO IMPRESS
11.2.2022	EVERYONE	Last day before half term
21.2.2022	EVERYONE	BACK TO SCHOOL
21.02.2022	EVERYONE	Parents evenings 3.30—5pm
22.02.2022	EVERYONE	Parents evenings 4pm—7pm
23.2.2022	EVERYONE	BAG 2 SCHOOL
3.3.2022	EVERYONE	WORLD BOOK DAY - Details to follow
7.3.2022	Year 2	Norwich Castle Trip
17.3.2022	Year 1 and Year 3	Tri Golf at St. Clements—Selected Children only
18.3.2022	EVERYONE	Comic Relief - details will follow!
22.3.2022	Year 2	Dance Festival—Corn Exchange
24.03.2022	Details to follow	Bee Netball - KES Academy
1.04.2022	EVERYONE	Last day at school before Easter
20.04.2022	EVERYONE	BACK TO SCHOOL

Please remember to choose your children's lunches every Sunday before midnight.....

Sadly, if you do not choose your child's options we will only be able to provide your child with a hot meal from now on. Thank you