

Cross Country Information Sheet



Your child has been selected to run in the Cross Country races at St. Clements High School on 1st November 2022.

The trip will be led by myself and another adult. We will leave school during lunchtime and we will be back by the end of the school day. In view of this we would suggest that your child bring in a packed lunch or to choose a school packed lunch for the day.

Please ensure your child comes to school dressed in their PE Kit –they will be supplied with a West Lynn Primary School top on the day. The event will be held outside so please make sure your child is wearing their warmest sportswear. Can you also provide lots of water for your child to drink please.

If you have any questions, please do not hesitate to contact me.

Miss R. Tuvey
PE Coordinator