

# WEST LYNN PRIMARY SCHOOL



St Peters Road, West Lynn,  
King's Lynn, Norfolk, PE34 3JL

Executive Headteacher: Ms J. Borley



Telephone 01553 772330  
office@westlynnprimary.co.uk  
www.westlynnprimary.co.uk



Wednesday 11<sup>th</sup> June 2025

## Quad Kids Trip at Lynnsport - 23rd June 2025

Dear Parents/Carers,

Your child has been chosen to take part in the Quad Kids event being held at Lynnsport on **Monday 23rd June 2025**.

Quad Kids combines 4 events and works like a decathlon, points are awarded for how fast you run, far you jump, or how far you can throw. What is lovely about this event is that you don't have to be the very best at something, you perform well overall and achieve really highly. The events are a 75m sprint, vortex howler throw, standing long jump, 600m endurance and a relay race.

The children will leave school during their lunchtime and will return at the later time of **3.50pm**. Due to the children leaving during lunchtime, please could we ask that you either send your child with a packed lunch from home or order one via MCAS **by Saturday 21st June**. Please send your child to school wearing their PE kit with suitable outerwear and outdoor trainers and ensure they have their water bottle.

There will be no cost for this trip, however please provide permission for your child to attend this trip no later than **Monday 16th June** by filling out the Google form on the link below.

<https://forms.gle/Ap8V211hbKzkSC1b8>

By providing your permission you will be accepting that you understand the following:

- While the supervisory adults in charge of the group will take all responsible care of your child, neither they, nor West Norfolk Academies Trust, can necessarily be held liable in respect of loss or damage to property or injury suffered by your child arising out of the educational visit/journey, unless such loss, damage or injury results from the negligence of West Norfolk Academies Trust, its employees or official volunteers.
- Your child may receive medication as instructed and any emergency dental, medical or surgical treatment, including anesthetic or blood transfusion, as considered necessary by medical authorities present.
- You are happy for your child to be transported by coach to and from this event and you understand the extent and limitations of the insurance cover provided details of which are displayed in the front office of the school.
- You are happy for your child to share transport with other primary schools (namely Walpole Cross Keys and Clenchwarton).

If you have any questions, please do not hesitate to contact me.

Yours sincerely,

Mr Ryan  
PE Lead & Year 6 Teacher



Artsmark  
Gold Award  
Awarded by Arts  
Council England



SCHOOL  
MENTAL  
HEALTH  
AWARD



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